| Job Title | Personal Support Assistant - Waking nights |
| :--- | :--- |
| Managed by | Team Leader |
| Hours | Full time / part time, £12.82 per hour Mon-Fri and £13.50 <br> per hour Saturday and Sunday |
| Location | Poole / Bournemouth |

## Overall Purpose

To provide effective support to enable people with a learning disability, autism and/or physical disability to live their lives to the full.

## Key Duties \& Responsibilities

- Provide an excellent level of support and care, taking time to listen to, understand and ensure the people we support remain the focus of your work at all times;
- Create and develop new outcomes for people we support to help them develop confidence and reach their full potential;
- Continually maximise the safety of people we support, staff and the community;
- Provide personal care with dignity and respect for the person supported;
- Provide support for daily living tasks to enable \& promote independence, including ensuring individuals attend all medical \& health care appointments, everyday money management and a healthy and active lifestyle;
- Perform basic household tasks including cooking, cleaning, washing, ironing and gardening;
- Assist/administer medication in line with Diverse Abilities' policy and training;
- Be accountable and responsible for the accuracy of administration, recording and reporting of medication;
- Support and encourage individuals to engage in social interaction appropriate to their needs and wishes;
- Attend all training courses and be accountable for your own learning and personal development;
- Maintain accurate daily records;
- Develop, maintain and respect good relationships with people we support, their relatives, health professionals and others involved in a person's life;
- Drive, respect and maintain the person supported's vehicle (if you hold a full UK manual driving licence), reporting any damage immediately;
- Participate in team meetings at a minimum of $80 \%$ over a 12 -month period, one to one meetings every $6-8$ weeks and performance review meetings every 6 months;
- Be flexible to work across all services;
- Participate in and provide sleep in cover and weekend cover in accordance with your contract.


## Qualifications

- Diploma Level 2 or equivalent
- Basic numeracy \& literacy
- Full UK manual driving licence

Criteria
Desirable (or willing to work towards)
Essential
Essential

## Skills / Competencies

## Criteria

- Teamwork
- Communication
- Reliability
- Adaptability
- Motivation
- Integrity
- Life skills own. information appropriately; actively listens. consistent manner. people.

Displays energy, enthusiasm and commitment in approach to the role; maintains high level of productivity \& positivity. organisational policies \& procedures.

Able to interact and co-operate with people effectively; supports team decisions and puts group goals ahead of

Able to express ideas effectively; organises and delivers

Keeps to commitments; completes work in a timely \&

Adapts to changing work environments, priorities, and needs; able to effectively deal with change and diverse

Shares complete and accurate information; maintains confidentiality \& meets own commitments; adheres to

Able to perform basic household tasks such as cooking, cleaning, washing, ironing and gardening.

## Personal attributes \& other requirements

- Empathy
- Compassion
- Pro-active
- Enthusiasm
- Self-management
- Initiative


## Criteria

Essential
Essential
Essential
Essential
Essential
Essential

